



EDUCATORS EMPOWERMENT WITH TRAUMA-INFORMED
PRACTICES FOR SUPPORTIVE LEARNING ENVIRONMENTS IN VET

PROJECT NUMBER:2025-1-PT01-KA210-VET-3784FAA6



About the Project

SAFELAB is an Erasmus+ project supporting VET educators in understanding how trauma and Adverse Childhood Experiences affect learning and behaviour.

The project promotes practical, trauma-informed approaches that help create safe, inclusive and supportive learning environments.



Through SAFELAB we will develop:

- A trauma-informed e-Handbook
- Practical training activities
- Awareness and dissemination materials

In this issue:

- Meet the partners
- Project updates
- Training activities
- Stay connected



Co-funded by
the European Union

Meet the SAFELAB Partners

APVET (Portugal)



APVET (Portuguese Association of VET Institutions) is a nonprofit organization founded in January 2019 to strengthen the quality and impact of Vocational Education and Training (VET) in Portugal.

It focuses on promoting technical and pedagogical innovation, sharing best practices among its members, and building strong collaborations through national and international networks. As Project coordinator, APVET is responsible for overall management, training implementation and coordination of SAFELAB activities.

Klaipėda Ernestas Galvanauskas Vocational Training Center (**GPMC**), established in 1972, is a major VET provider in Western Lithuania offering diverse training programs for youth and adults in fields such as healthcare, business, construction, and transport. The center prioritizes practical skills development and social inclusion, supporting marginalized groups in entering the labor market. GPMC provides expertise from vocational education practice and hosted the first training activity of the project.

Klaipėdos Ernesto Galvanausko profesinio mokymo centras (Lithuania)



**KLAIPĖDOS ERNESTO GALVANAUSKO
PROFESINIO MOKYMO CENTRAS**

PYLON ONE (Greece)



PYLON ONE

PYLON ONE is a civil society organization committed to empowering individuals, strengthening communities, and promoting an inclusive and sustainable society. Guided by the belief that everyone deserves the opportunity to grow, participate, and thrive, the organization operates across key fields including education, culture, social inclusion, environmental action, civic engagement, and community development.

PYLON ONE leads dissemination and communication activities and contributes to developing the trauma-informed e-handbook and awareness initiatives.



Project Updates

Training Activity 1 in Lithuania



The first SAFELAB training activity took place in Klaipėda, Lithuania, bringing together partners to explore the foundations of trauma-informed education in Vocational Education and Training. Participants examined how trauma and Adverse Childhood Experiences can influence behaviour, engagement and learning processes. Through discussions and exchange of practices, the training supported the development of safer and more inclusive classroom environments.



In progress: SAFELAB e-Handbook

Work is currently underway on the **SAFELAB trauma-informed e-handbook**, which will provide educators with practical tools, classroom strategies and guidance for implementation in VET settings. Partners are collaborating on the development of content that supports the transition from theoretical understanding to practical application of trauma-informed approaches.



Preparing Training Activity 2

Partners are currently preparing Training Activity 2, which will take place in **Portugal**, from the **11th to the 14th of May**. The upcoming training will focus on applying trauma-informed approaches in practice, supporting educators in creating structured, safe and supportive learning environments, while strengthening student engagement and participation.

NEWSLETTER 1

September 2026 -
May 2026



EDUCATORS EMPOWERMENT WITH TRAUMA-INFORMED
PRACTICES FOR SUPPORTIVE LEARNING ENVIRONMENTS IN VET

PROJECT NUMBER:2025-1-PT01-KA210-VET-3784FAA6

Stay Connected

Follow SAFELAB for updates, results and new educational resources!
More content will be shared throughout the project, including training
outcomes and practical tools for educators.



@ka210safelab



[www.facebook.com\843218568882864](https://www.facebook.com/843218568882864)



<https://safelab-project.eu>

